

**Project HeFiLL „Healthy and Fit in Later Life
4th Workshop in Graz, 26th of February until 1st of March 2012
Hosted by GEFAS Steiermark**



Sunday 26.02.2012	Monday 27.02.2012	Tuesday 28.02.2012	Wednesday 29.02.2012	Thursday 01.03.2012
Arrival of partnership delegations	Until 9.00 breakfast	Until 8.30 breakfast	Until 9.00 breakfast	Departure of partnership delegations
	9.30 – 11.30 Geriatric Centre Altbert Schweitzer Gasse	9.00 – 10.00 Meeting Dr. ⁱⁿ Martina Schröck Councillor of the community of Graz	9.30 – 10.30 Visit of „Frauengesundheitszentrum“ (Women’s Health Centre)	
		10.00 – 11.00 Short Visit of „Kastner & Oehler“ “World Cultural Heritage”	11.00 – 12.30 Project Presentation “Healthy District Gries” Inge Arzon Lesson with Anita, Christa, Inge	
		11.00 – 13.00 Hiking at “Schlossberg”	13.00 – 14.30 Lunch	
	12.00 – 13.00 Omega Albert-Schweitzer Gasse	13.00 – 14.30 Lunch	13.00 – 14.30 Lunch	
	13.30 – 15.00 Lunch	14.30 – 16.00 Leisure time	14.30 – 16.30 Guided Tour of Graz	
	15.00 – 17.30 Leisure time	16.00 – 17.00 Project Meeting	17.00 – 18.00 HeFiLL Meeting Heide Klabers Presentation of “Week of Sport & Health”	
	17.30 Lesson With Christa Wascher Volksschule Elisabethstraße	17.15 – 18.15 Lesson With Anita Heinz Sacre Coeur		
20.00 Dinner	18.30 Dinner	20.00 Dinner	19.00 Dinner	



Education and Culture DG

Lifelong Learning Programme

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